# Reading

# What I'm Reading

A curated collection of books, articles, and resources that inspire my design thinking and professional growth.

# **Currently Reading**

### "The Design of Everyday Things" by Don Norman

Essential reading for understanding the psychology of design and how users interact with products.

A foundational text that every UX designer should read. Norman's insights into affordances, signifiers, and the human-centered design process continue to shape how I approach design problems.

**Why I'm reading it:** This book provides the theoretical foundation for understanding how people interact with designed objects and systems.

# **Recently Read**

#### "Atomic Habits" by James Clear

An excellent guide to building good habits and breaking bad ones through small, incremental changes.

Clear's approach to habit formation through small, consistent actions has profound implications for design processes and team workflows.

**Key Takeaway:** The concept of "systems over goals" applies beautifully to design processes. Focus on improving your design system rather than just hitting specific metrics.

## "Thinking, Fast and Slow" by Daniel Kahneman

A deep dive into the two systems of thinking and how they influence decision-making.

Kahneman's research on cognitive biases and decision-making processes provides valuable insights for creating more intuitive user interfaces.

Design Application: Understanding cognitive biases helps create more intuitive interfaces and better user experiences.

## "The Lean Startup" by Eric Ries

How to build a sustainable business through validated learning and iterative development.

While focused on startups, Ries's methodology has direct applications to UX design and product development processes.

**UX Connection:** The build-measure-learn cycle is fundamental to user-centered design and continuous improvement.

# **Design & UX Favorites**

## "Don't Make Me Think" by Steve Krug

The classic guide to web usability that every designer should read.

#### "The Elements of User Experience" by Jesse James Garrett

A comprehensive framework for understanding and implementing user experience design.

#### "About Face" by Alan Cooper

Essential reading for interaction design and user-centered design methodologies.

#### "Hooked" by Nir Eyal

Understanding how to build products that create lasting user engagement.

# **Business & Strategy**

#### "Good to Great" by Jim Collins

What makes companies transition from good to great performance.

#### "Crossing the Chasm" by Geoffrey Moore

Marketing and selling disruptive products to mainstream customers.

#### "The Innovator's Dilemma" by Clayton Christensen

Understanding disruptive innovation and its impact on established companies.

# Psychology & Human Behavior

## "Influence" by Robert Cialdini

The psychology of persuasion and how it applies to design and user experience.

## "Predictably Irrational" by Dan Ariely

Understanding the hidden forces that shape our decisions.

## "Nudge" by Richard Thaler

How small changes in choice architecture can lead to better decisions.

## **Articles & Resources**

#### **Design Blogs I Follow**

- Nielsen Norman Group Evidence-based UX research
- UX Planet Community-driven design insights
- Smashing Magazine Web design and development
- A List Apart Web standards and best practices

#### Newsletters

- UX Weekly Curated UX articles and resources
- Designer Hangout Community insights and job opportunities
- The UX Newsletter Latest trends and case studies

# Reading Goals for 2024

- ■"The Mom Test" by Rob Fitzpatrick
- ■"Continuous Discovery Habits" by Teresa Torres
- ■"Escaping the Build Trap" by Melissa Perri
- ■"User Story Mapping" by Jeff Patton
- "The Lean Product Playbook" by Dan Olsen

## **Book Recommendations**

Have a book recommendation for me? I'm always looking for new perspectives on design, business, and human behavior. Feel free to **reach out** with your suggestions!

<sup>&</sup>quot;The more that you read, the more things you will know. The more that you learn, the more places you'll go." - Dr. Seuss

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